

Malborough Village Playing Fields Outdoor Exercise Facilities

- ✓ All ages
- ✓ All abilities
- ✓ All seasons
- ✓ For free

MUGA

Boules

Pump track

Workout gym

Skate park modification

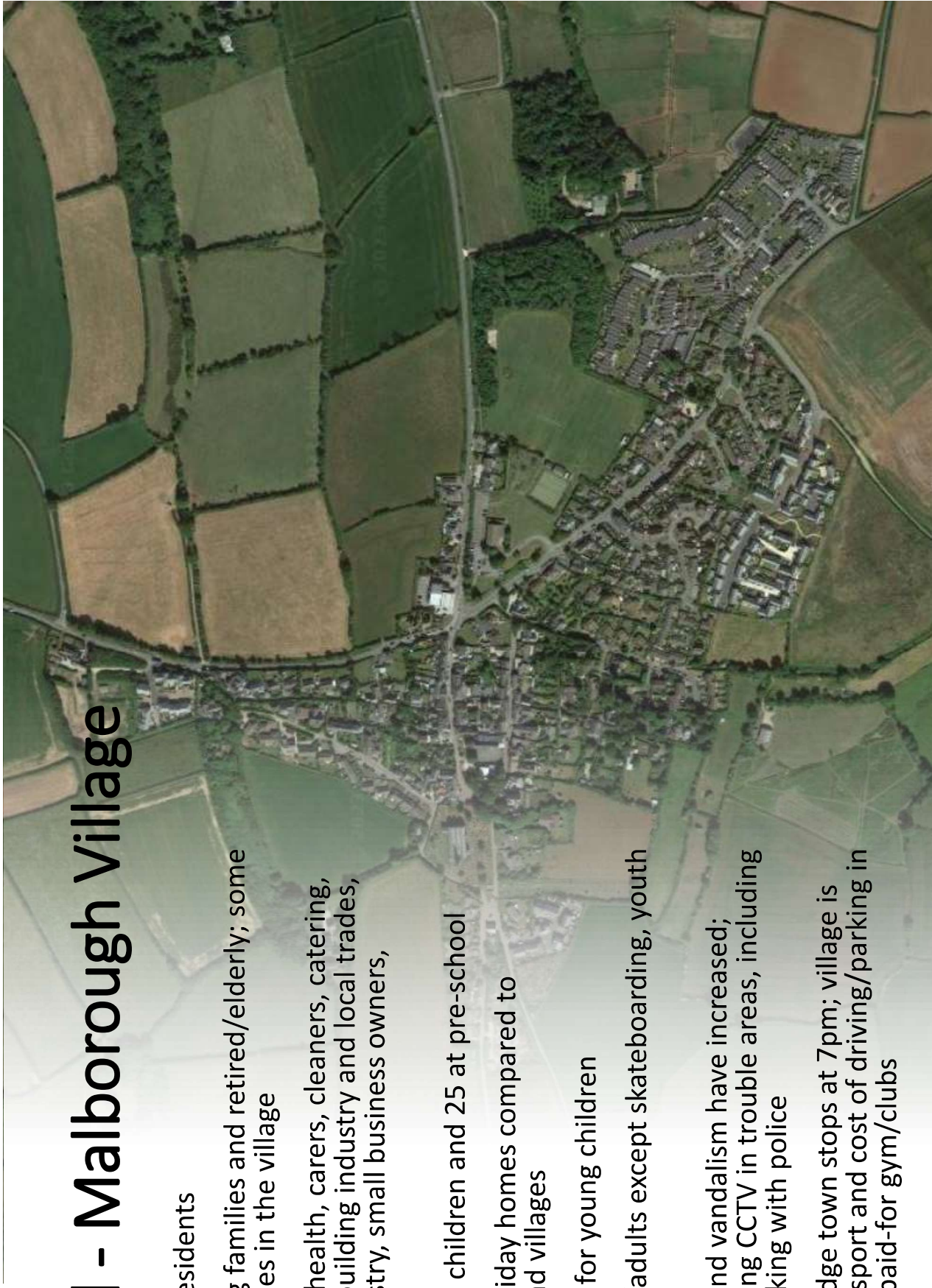
Car park extension

Summary

- Malborough Village has 1,000 residents, mainly local working families and retired/elderly. 100 children at primary and pre-school.
- The community faces obstacles to fitness and exercise through cost-of-living and its rural isolation.
- The playing fields are a large public asset in the heart of the village but rarely used by locals. There are tennis courts, a small and limited skate park, plus an unused trim-gym. The football pitches are used by a youth football club. The car park overflows onto the village road during football season and large events at the hall. There are two playgrounds for young children in the village.
- In short, if you don't play tennis, youth football or skateboard, there is nothing to engage you with outdoor exercise. Anti-social behaviour and vandalism have increased in the village by bored and disengaged teenagers.
- The Parish Council has £130k S.106 to fund sport and recreation in the village. Yes, it would be easy to allocate this to the car park extension, skate park modification and create a MUGA on the tennis courts. However we also want to install a pump track and outdoor workout gym to cater for a more diverse range of age groups and interests, particularly teens and adults.
- Consultation showed great enthusiasm and a significant latent interest in all facilities suggested. 70% would use facilities once a week or more. It would enable families and friends to get active together – on their doorstep – for free. People can try different activities and progress at their own pace, all year round on all-weather surfaces. Children can continue being active and healthy beyond the playgrounds into adulthood.
- This will enable local clubs and groups to start/restart including the youth club.
- Local exercise/fitness trainers could extend their offering and kick-start usage with induction sessions.
- Will greatly enhance community health, wellbeing and socialisation.
- Additional users are likely to come from surrounding areas, potentially boosting the two village pubs and farm shop.
- We have this one opportunity to invest in public assets and leave a long-lasting legacy. To create a hub of diverse activities for all people to get fit and stay active together long-term. We are therefore reaching out for additional grants, and crowdfunding.

Background - Malborough Village

- Approximately 1,000 residents
- Predominantly working families and retired/elderly; some multi-generation families in the village
- Typical employment – health, carers, cleaners, catering, hospitality and retail, building industry and local trades, servicing tourism industry, small business owners, professionals
- Primary school with 82 children and 25 at pre-school
- Very few second or holiday homes compared to neighbouring towns and villages
- Two good playgrounds for young children
- Nothing for teenagers/adults except skateboarding, youth football or tennis
- Anti-social behaviour and vandalism have increased; parish council is installing CCTV in trouble areas, including playing fields, and working with police
- Bus service to Kingsbridge town stops at 7pm; village is isolated by lack of transport and cost of driving/parking in Kingsbridge town and paid-for gym/clubs





Village hall and playing fields

- Hall is used by broad range of groups and private hire; exercise/fitness clubs are all paid-for activities
- Playing fields are used by youth football club KM United FC with a clubhouse
- Children's playground is well-used
- Two tennis courts are locked and accessed for free with a code; rarely used. Recently resurfaced and re-fenced.
- Trim trail equipment in car park not used
- Skate park has some use but is small and limited; not for learners
- Cycle path connects the village to Salcombe town alongside the playing fields, 2 miles long
- **Basically, if you don't play tennis, youth football or skateboard, there is nothing to engage you with outdoor exercise**
- Need for additional parking throughout football season and larger hall events; current overflow on the grass is problematic; cars park badly on village road causing safety hazard





MALBOROUGH RECREATION IMPROVEMENT PROJECT

Project Masterplan



MALBOROUGH PARISH COUNCIL

MALBOROUGH RECREATION
IMPROVEMENT PROJECT

SITE MASTERPLAN



Create a MUGA on the two tennis courts

- Basketball court and hoops
- Playground games markings
- Netball posts permanently in place - court already marked
- Keep one tennis court for summer use, and pickleball
- Put futsal goals on the tennis court for winter
- Add a second access gate for personal safety
- Keep gates open so people can use the area freely
- Strengthen fencing to withstand ball impact

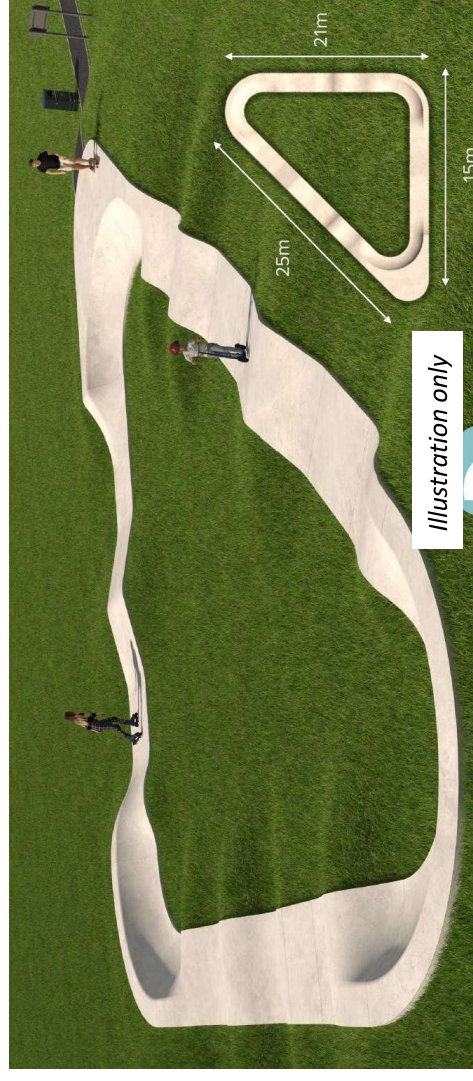
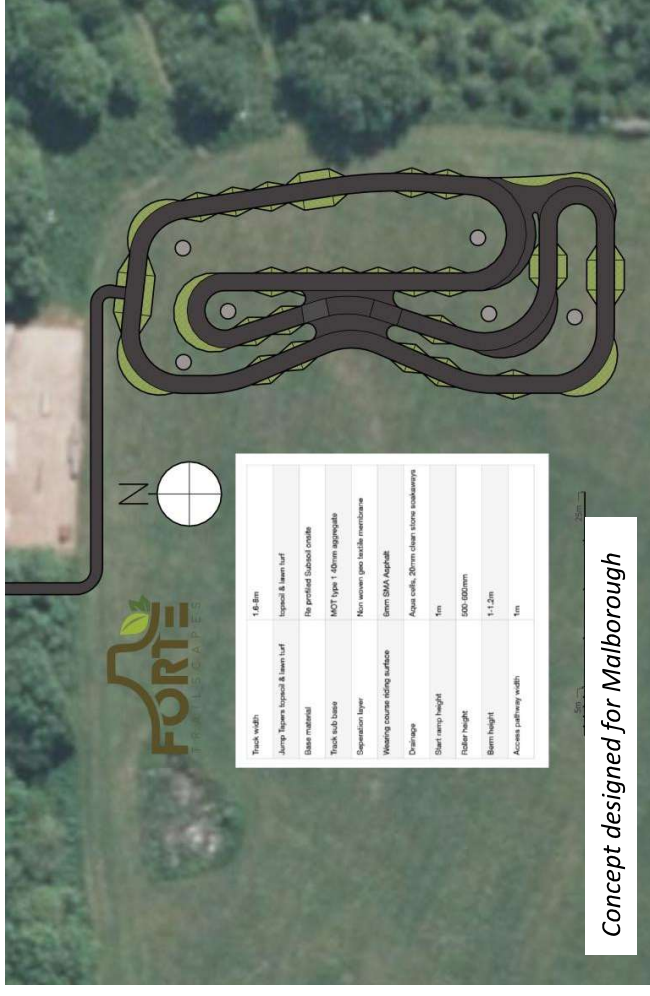
New boules court

- Single boules court
- Seating and sensory planters surrounding the boules court
- Pleasant outdoor meeting place to watch people playing boules, using MUGA and playground
- Disabled access from the car park



New pump track

- Designed to be used by all abilities and ages, from small children up to experienced riders
- Can be used by BMX, mountain bikes, skateboards, scooters, balance bikes, roller blades, adapted wheelchairs
- Connected safely to skate park and to cycle path
- Safe distance from football pitch
- Asphalt surface; sides of berms are grassed

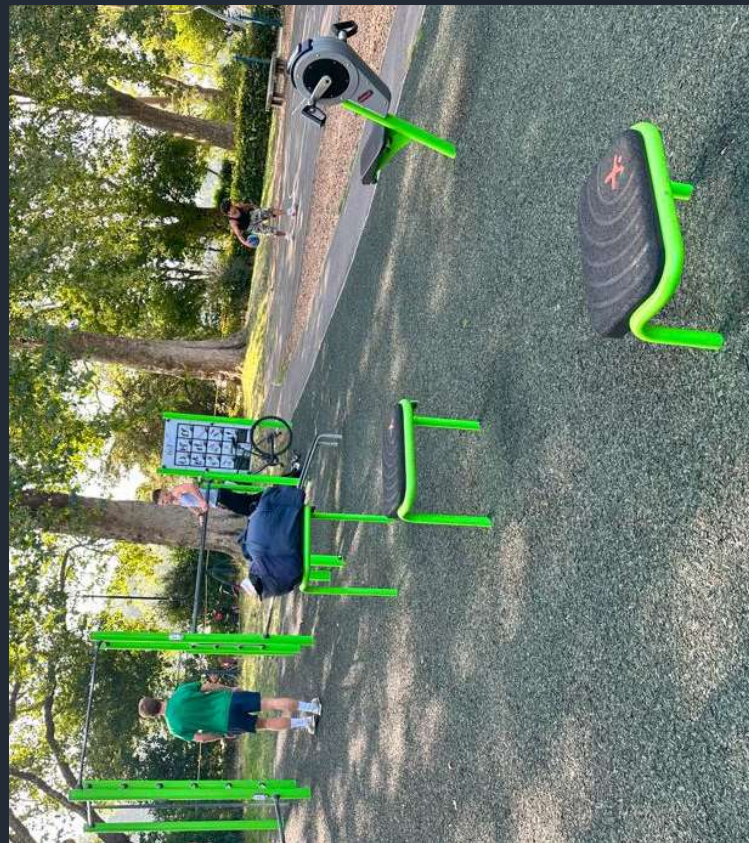




Modify existing skate park

- Extension of say 3 metres and modify some of the rails
- Would really improve flow and expand usage possibilities
- Connection to pump track – designed for safe flow
- Move picnic table and create better seating and watching area
- Vegetation management to improve visibility from cycle path running along the back

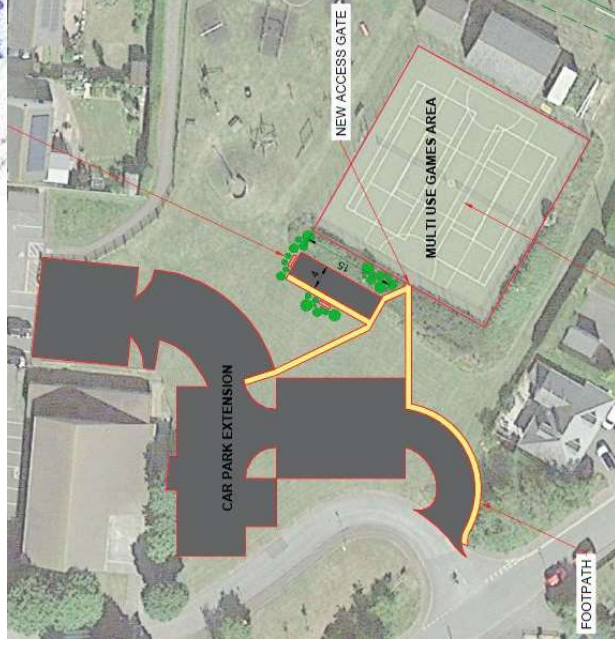
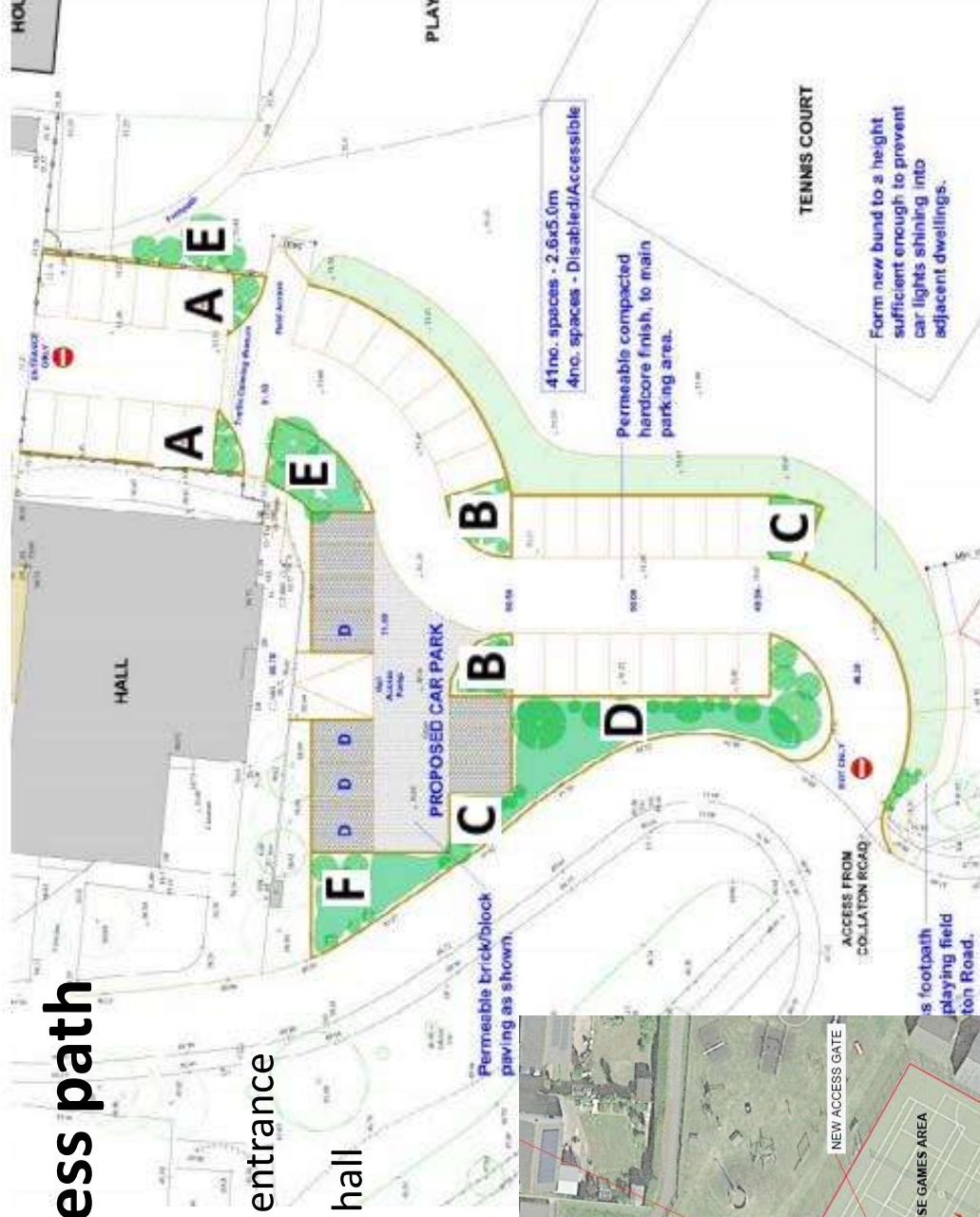
Youth/adult workout gym



- Outdoor gym equipment
- Robust for all weather
- Range of workouts possible
- Extends other activities such as running, football training, local personal trainers
- Next to skate park to encourage use and fitness progression
- Close to cycle path used by runners

Car park extension and access path

- Create an extra 41 spaces + 4 disabled
- New disabled access and spaces at hall entrance
- Improved vehicle access around village hall



- Level access path (yellow) from car park to boules court and MUGA

A, B, C, D, E refer to planting scheme

The need

It all started with a young lad asking for a basketball hoop!

So we reviewed where it could go and what else we could do

We have s.106 for sport/recreation facilities in the village

Ideas generated by parish councillors and village hall/playing fields committee who are all local, many with children or grandchildren, or involved with village clubs/groups

Observation from own use, comments from friends, neighbours.

We are also dealing with anti-social behaviour from bored/disengaged teenagers

Led to reaching out to many local groups and organisations, then local consultation, **from which ideas blossomed ...**

Consultation and survey August 2023 on Malborough Village Facebook, posters in village, email to primary school parents

New Outdoor Sports Facilities for Malborough !

Would you like...

Opening up the tennis courts for basketball hoops, netball posts, plus a tennis court in summer, replaced with football goals in winter



Pump track for all ages - bikes, scooters, skateboards, roller skates and balance



Boules court, adult power gym, playground game markings...

What else do you want?

Interested, excited, have questions and ideas???

Then give your views!

The parish council needs villagers' feedback via a short online survey
Only with locals' input can we put in the facilities you want

Go to malboroughvillage.org.uk/news or Facebook

Survey closes 25 August (but why wait?!)

There are a few paper copies in the Post Office if you can't do it online

Survey results

76 responses

Overwhelming support and enthusiasm

Strong support for facilities for all ages – playground markings, balance bikes on pump track, skate and pump for older children/teens, MUGA for ball sports for all ages, power gym for young adults upwards and boules for older generation.

Revealed significant latent interest in a range of exercise that would be kick-started if the project went ahead

70% would use facilities once a week or more

Requests for specific facilities, design suggestions and offers of help all contributed to the final masterplan

"I have 2 grandsons in the village and they love the outdoor activities, it would be great to have a safe place to ride bikes on a pump track, such fun for all ages. It is time for an upgrade overall, something for everyone of all ages and to enhance the sporting facilities already in place"

"It's good for the village. Keep the kids off the streets and good for socialising, including adults too"

Number of people interested in

- Pump track 68%
- Adult gym 41%
- Skate park 36%
- Basketball 42%
- Netball 25%
- Football five-a-side 42%
- Boules 33%
- Tennis 57%
- Playground games 40%

Main themes of people's comments:

Good variety for all ages and all seasons

Provides more facilities to improve health and fitness for all

Provides more for bored kids to do, so should reduce anti-social behaviour

Great that it's all free and open to use – has been a deterrent to use

Good opportunities for grandparents or carers to use and/or supervise facilities with their children

Will be a nice place to meet up

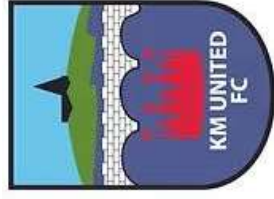
Offers of help with boules, basketball, planters

Of the very few who responded as 'no' or 'it depends' – their main concerns were vandalism, anti-social behaviour and increased maintenance needed

"Improvements to sports facilities in the area for the use of all, free of charge is always going to benefit the community"

Collaboration with local groups

to inform the project



Thenaturalgym



South Hams District Council



- Malborough Parish Council and Malborough Village Hall and Playing Fields Association
- Kingsbridge Skate Park – advice based on recent experience. Concept design, project development, fund-raising, community engagement.
- Kingsbridge Basketball Club – keen to use the MUGA, will run local sessions, plus design advice and estimates. Sessions could feed/progress players into the main club in town.
- SHDC leisure officer - recent experience of Woolwell pump track, issues to consider, costs and contractors
- KM United FC – support proposals; happy that it will not interfere with their area needed for play
- Local fitness trainers' input and support for outdoor gym
- General support from local parents wishing to restart the youth club, Malborough sustainability group, district councillors

Benefits

Improves the space that matters to the community

- Releases the potential of a large resource in the heart of the village, currently little-used by locals
- Provides exercise facilities that the village has asked for
- Improves road safety – new parking spaces eliminates dangerous parking on the road. Most children in the village must cross this road to access playing fields.
- Enhances a public asset into the long-term for public benefit

Enables healthier lifestyle

- Provides easy, free access to diverse range of outdoor exercise in the heart of the community. Kick-starts significant latent interest.
- Something for everyone, young and old, all abilities
- Enables families to get active together; inter-generational play
- All year round on all-weather surfaces when fields are wet/muddy
- Supports people who lack access to services through cost-of-living increases and village isolation. Removes obstacles to participation, i.e. travel to town, bus fares, parking, fuel, gym and club fees, restricted time slots, childcare, weather.
- Enables new sports and youth clubs to start/restart
- People can try different activities at their own level and pace, in less 'intimidating' environment than gyms and clubs
- Flow and progression between the different facilities; inspired by others to give it a go.
- Links up with existing facilities e.g. children's playground, cycle path

Benefits

Safe spaces for children and young people to play, participate, socialise

- Provides youth with a number of different and dispersed areas for fitness and socialising
- Opportunities to join different sessions and get involved
- Increased use and presence by the community should deter anti-social behaviour
- Children can now continue being active and healthy beyond the playgrounds into adulthood
- MUGA is new facility for primary school and pre-school, plus youth club hoping to restart

Brings people together

- Safe, well-designed spaces for informal activity and socialising
- New groups will start up in the village – boules and basketball confirmed. Futsal/football, pickleball highly likely. Netball club may restart. Youth club. Possible fitness sessions and gym inductions. This will improve social cohesion and help with isolation.
- New access path from car park provides easier access for the less able

Other beneficiaries

- Satellite hamlets, Salcombe town (via cycle path) and Kingsbridge
- Siblings and parents of 300 footballers to get active whilst attending training/matches, plus families of visiting teams on match-days
- Pump track with other facilities will draw visitors from a wider region. This could be a boost for the two village pubs and farm shop.
- Outdoor gym offers new opportunities for local personal trainers with clients; helps young people considering or training for a PT qualification.

PHASE 1

Car park	£60,000
Boules court, sensory garden and seating	£8,000
Disabled path: car park to boules and MUGA	£4,000
MUGA posts, goals, line marking, gate	£18,000
TOTAL	£90,000
Funding:	
Malborough S.106	£70,000
National Lottery Awards for All ???	£20,000

PHASE 2

Pump track	£65,000
Skate park extension	£30,000
TOTAL	£95,000
Funding:	
Malborough S.106	£60,000
Crowdfunding (donations/sponsors) ?	£10,000
Sport England: Active Together ???	£10,000
Leaves £15,000 still to find, or reduce skate park scope	

PHASE 3

Gym – range of equipment options £15,000 – £35,000
Future fund-raising / grant application needed

Figures based on estimates, quotes and past tenders.

Companies could tender for several elements – could result in efficiencies and savings.